

#### About the Workshop

**Developmental Play and Attachment Therapies (DPAT)** offers training in *CARE Developmental Play Therapy* which is based upon the teachings of psychologist, Viola Brody, Ph.D. an early pioneer in play therapy. DPT was formulated in the 1960's and uses intentional *first play* activities. It focuses on the reciprocal nature of an adult-child relationship while helping the child to build healthy primary and secondary attachment relationships. Dr. Courtney, a student of Brody's, draws upon her background in creative art play therapy modalities to offer a unique, engaging and experientially based training in *CARE Developmental Play Therapy*.

This intensive four-day workshop will teach participants how to facilitate and structure DPT sessions individually with children, therapist-parent-child guided, and through group play therapy "Circle Time". Participants will learn the fundamentals of knowing how to build a secure attachment relationship through the learning & practicing of first-play connection activities.

## DPT is widely recognized as a Successful treatment to help:

- Children with Autism/PDD
- Children Attachment disorders
- · Children effected by trauma
- Children in Foster Care or Adoptions
- Children in pre-school & Head Start
- Children in group shelters/homes
- Parent/Child Reunification
- Infant & young children Attachment

#### **Training will Cover:**

<u>Day 1</u>: Foundations & Attachment Concepts

(History & underlying Theories, Current

Attachment & Brain research)

<u>Day 2</u>: Touch & First Play Interventions (Videotaped an live demonstrations)

<u>Day 3</u>: DPT Group Circle Time program (Dyadic & group experiential exercises)

<u>Day 4:</u> Case Study Presentations & Integration (Art Assessment; ASD; Reunification)

\*See <u>www.myplaytherapy</u> for Full Day Agenda & Objectives

#### **Experiential Teaching Modalities**

- Visual Art Modalities
- Creative Journaling
- Work with Clay
- Imagery
- Intra-personal Reflection
- Dyadic Interpersonal Activities
- Group Experiential Activities

#### Registration Form

Please print *clearly*, detach and mail to:

# Developmental Play & Attachment Therapies

1245 Gondola Lane Boynton Beach, FL 33426 561-624-8819, ext. 3;

www.myplaytherapy.com

Name:
Degree: Title:
Address:
City:
State: Zip:
Work phone: ( )
Cell/Home phone: ( )
Email:

#### **FEES:**

EARLY BIRD: \$625.00 (before 1/1/13) REGULAR RATE: \$695.00 Make checks payable to:

#### Developmental Play & Attachment Therapies or DPAT

(Cancellation policy: \$75.00 fee if cancelled 10 days prior to workshop; 50% returned if less than 10 days notice)

Developmental Play & Attachment Therapies is an Approved Provider in the state of Florida for Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling BAP #1035 Exp. 3/2012 & an APT Approved Provider #10-287.

#### About the Instructor

Janet A. Courtney, Ph.D., LCSW, RPT-S



...is Director of Developmental Play & Attachment Therapies, a center established to promote more conscious and connected relationships between parents, care-givers and children. Dr. Courtney offers a diversity of training opportunities in Play Therapy including CARE Developmental Play Therapy (CDPT). Since 1998, Dr. Courtney has taught a variety of Advanced Practice courses as an Adjunct Professor at Barry University School of Social Work, Miami Shores, Florida. She has held the positions of President, Vice President, and Immediate Past President with the Florida Association for Play Therapy (FAPT) through the years of 1998-2008. She resides as the Chair of the Viola Brody Committee and as a member of the FAPT Annual conference committee. She lectures nationally and internationally on the topics of Developmental Play Therapy, Earth Science & metaphorical interventions, Art & family play therapy, and Gestalt play Therapy. She has acted as a consultant to several Florida based children's agencies, and supervises clinicians seeking Florida board licensure, as well as, those seeking Certification as a Registered Play Therapist with the Association for Play Therapy (APT). Since, 1989, Dr. Courtney has had a private psychotherapy practice located in Palm Beach Gardens, Florida working with children and families.

www.myplaytherapy.com

# CARE Developmental Play Therapy

Based on the work of Viola Brody

<u>Dates</u>: January 29, 30, 31, and February 1 and 2, 2013

#### **Daily Schedule:**

Day 1: 8:30 to 5:00 Day 2: 8:30 to 5:00

Day 3: 8:30 to 5:00; 6:30-8:30

Day 4: 8:30 to 5:00

#### **Includes**:

- Book Handouts
- Morning Refreshments
- Afternoon Snacks
- Dinner on Thursday evening

**Lodging**: Lodging options will be emailed

Wear comfortable clothing

Small Group Format

The **CARE** training approach in **Developmental Play Therapy** is established upon the following foundations:

Competency based

Attachment based

Relationship based

**Experientially** based

# CARE Developmental Play & Attachment Therapies

Helping Children and Families create healthy connections through attachment based *first-play* therapy

Boynton Beach, Florida

Four Day
Intensive Developmental
Play Therapy Training

### Janet A. Courtney

Ph.D., LCSW, RPT-S

January 29- February 2, 2013

30 CEU & Play Therapy Hours



www.myplaytherapy.com
See Website for Daily Agenda
& Objectives